

# Our Process

## 01

We will tell you about the role of our service, and determine your eligibility

## 02

With your consent we will request your recent health information

## 03

We will provide you with an independent second opinion appointment via Telehealth

## 04

We will provide you with a written report. We recommend you read this with a support person.

## 05

We will provide your treating team with the same report so that they can discuss the recommendations with you



## Second Psychiatric Opinion Service

If you are on a **Temporary Treatment Order** or **Treatment Order** and require a **second psychiatric opinion** an option may be the Second Psychiatric Opinion Service (SPOS) which conducts second psychiatric opinions throughout Victoria.

Contact SPOS for more information:

T: 1300 503 426

E: [SecondPsychiatricOpinion@mh.org.au](mailto:SecondPsychiatricOpinion@mh.org.au)

W: [www.secondopinion.org.au](http://www.secondopinion.org.au)

or speak with your treating team